

VIP (Vasoactive Intestinal Peptide) Dosing Chart

The common abbreviation for vasoactive intestinal peptide — a natural hormone that dilates blood vessels and airways. See the full VIP entry. Commonly discussed doses: 50 mcg–400 mcg. VIP is the abbreviation for vasoactive intestinal peptide — figures reflect research reference points in micrograms. There is no established self-administered dose.

thelastpeptide.com · Medically reviewed by Charles Maddix, MSN, APRN, PMHNP-BC · Last reviewed 2026-08-02

FDA STATUS

VIP (aviptadil) is not FDA-approved for general use. It has been studied for pulmonary hypertension and other conditions and is approved in some countries in specific forms, but most uses are investigational.

0.05 mg vial — units to draw (U-100 syringe)

Water added	mg/mL	50 mcg	100 mcg	400 mcg
1 mL	0.05	100 u	—	—
2 mL	0.03	—	—	—
3 mL	0.02	—	—	—

1 mg vial — units to draw (U-100 syringe)

Water added	mg/mL	50 mcg	100 mcg	400 mcg
1 mL	1	5 u	10 u	40 u
2 mL	0.5	10 u	20 u	80 u
3 mL	0.33	15 u	30 u	—

"—" means the draw exceeds one syringe at that concentration. Interactive calculator for any combination: thelastpeptide.com/peptides/vip

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