

Vasoactive Intestinal Peptide Dosing Chart

A naturally occurring hormone that dilates blood vessels and airways. Studied for pulmonary hypertension and other conditions; investigational for most uses. Commonly discussed doses: 50 mcg–400 mcg. Research protocols use weight-based or inhaled dosing administered clinically. Figures shown are reference points in micrograms. There is no established self-administered dose.

thelastpeptide.com · Medically reviewed by Charles Maddix, MSN, APRN, PMHNP-BC · Last reviewed 2026-08-02

FDA STATUS

Vasoactive intestinal peptide (aviptadil) is not FDA-approved for general use. It has been studied for pulmonary hypertension and other conditions and is approved in some countries in specific forms, but most uses are investigational.

0.05 mg vial — units to draw (U-100 syringe)

Water added	mg/mL	50 mcg	100 mcg	400 mcg
1 mL	0.05	100 u	—	—
2 mL	0.03	—	—	—
3 mL	0.02	—	—	—

1 mg vial — units to draw (U-100 syringe)

Water added	mg/mL	50 mcg	100 mcg	400 mcg
1 mL	1	5 u	10 u	40 u
2 mL	0.5	10 u	20 u	80 u
3 mL	0.33	15 u	30 u	—

"—" means the draw exceeds one syringe at that concentration. Interactive calculator for any combination: thelastpeptide.com/peptides/vasoactive-intestinal-peptide

Vasoactive Intestinal Peptide dose figures are commonly discussed reference information with no approved labeling unless stated above. The Last Peptide is an educational reference and sells nothing. Dosing figures shown here are commonly discussed reference information, not prescriptions or medical advice. Many peptides listed are not FDA-approved. Talk to a licensed clinician before using any peptide.