

Thymalin / Thymulin Dosing Chart

Thymic peptides studied for immune modulation, popular in longevity protocols. Evidence is largely regional; thymulin itself is not available as an approved drug. Commonly discussed doses: 10 mg–30 mg. Thymic bioregulators are typically dosed in milligrams in short courses. Figures shown are community reference amounts in micrograms. There is no established or approved dose.

thelastpeptide.com · Medically reviewed by Charles Maddix, MSN, APRN, PMHNP-BC · Last reviewed 2026-08-02

FDA STATUS

Not FDA-approved for any use. Thymalin and thymulin are thymic peptides sold as research or supplement products and are not reviewed by FDA.

10 mg vial — units to draw (U-100 syringe)

Water added	mg/mL	10 mg	20 mg	30 mg
1 mL	10	100 u	—	—
2 mL	5	—	—	—
3 mL	3.33	—	—	—

20 mg vial — units to draw (U-100 syringe)

Water added	mg/mL	10 mg	20 mg	30 mg
1 mL	20	50 u	100 u	—
2 mL	10	100 u	—	—
3 mL	6.67	—	—	—

"—" means the draw exceeds one syringe at that concentration. Interactive calculator for any combination: thelastpeptide.com/peptides/thymalin-thymulin

Thymalin / Thymulin dose figures are commonly discussed reference information with no approved labeling unless stated above. The Last Peptide is an educational reference and sells nothing. Dosing figures shown here are commonly discussed reference information, not prescriptions or medical advice. Many peptides listed are not FDA-approved. Talk to a licensed clinician before using any peptide.