

TB-500 Dosing Chart

A synthetic fragment related to thymosin beta-4, discussed alongside BPC-157 in repair-focused protocols. Commonly discussed doses: 2 mg–5 mg. Community protocols typically describe a loading period followed by less frequent maintenance dosing. No approved human dose exists.

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FDA STATUS

Not FDA-approved for any use. Thymosin beta-4 was placed in Category 2 of FDA's bulk drug substances list. Prohibited in sport by WADA.

2 mg vial — units to draw (U-100 syringe)

Water added	mg/mL	2 mg	2.5 mg	5 mg
1 mL	2	100 u	—	—
2 mL	1	—	—	—
3 mL	0.67	—	—	—

5 mg vial — units to draw (U-100 syringe)

Water added	mg/mL	2 mg	2.5 mg	5 mg
1 mL	5	40 u	50 u	100 u
2 mL	2.5	80 u	100 u	—
3 mL	1.67	—	—	—

10 mg vial — units to draw (U-100 syringe)

Water added	mg/mL	2 mg	2.5 mg	5 mg
1 mL	10	20 u	25 u	50 u
2 mL	5	40 u	50 u	100 u
3 mL	3.33	60 u	75 u	—

"—" means the draw exceeds one syringe at that concentration. Interactive calculator for any combination: thelastpeptide.com/peptides/tb-500

TB-500 dose figures are commonly discussed reference information with no approved labeling unless stated above. The Last Peptide is an educational reference and sells nothing. Dosing figures shown here are commonly discussed reference information, not prescriptions or medical advice. Many peptides listed are not FDA-approved. Talk to a licensed clinician before using any peptide.