

Selank + Semax Dosing Chart

A pairing of the anxiolytic peptide Selank with the nootropic peptide Semax. Neither is approved in the US; the combination is unstudied. Commonly discussed doses: 250 mcg–1 mg. Often administered intranasally in community use. Figures shown are community reference amounts. There is no established or approved dose for either component or the combination.

thelastpeptide.com · Medically reviewed by Charles Maddix, MSN, APRN, PMHNP-BC · Last reviewed 2026-08-02

FDA STATUS

Not FDA-approved. Neither Selank nor Semax is FDA-approved, and the combination has not been studied.

10 mg vial — units to draw (U-100 syringe)

Water added	mg/mL	250 mcg	500 mcg	1 mg
1 mL	10	2.5 u	5 u	10 u
2 mL	5	5 u	10 u	20 u
3 mL	3.33	7.5 u	15 u	30 u

20 mg vial — units to draw (U-100 syringe)

Water added	mg/mL	250 mcg	500 mcg	1 mg
1 mL	20	1.3 u	2.5 u	5 u
2 mL	10	2.5 u	5 u	10 u
3 mL	6.67	3.8 u	7.5 u	15 u

"—" means the draw exceeds one syringe at that concentration. Interactive calculator for any combination: thelastpeptide.com/peptides/selank-plus-semax

Selank + Semax dose figures are commonly discussed reference information with no approved labeling unless stated above. The Last Peptide is an educational reference and sells nothing. Dosing figures shown here are commonly discussed reference information, not prescriptions or medical advice. Many peptides listed are not FDA-approved. Talk to a licensed clinician before using any peptide.