

Ipamorelin Dosing Chart

A selective growth hormone secretagogue often discussed together with CJC-1295. Commonly discussed doses: 100 mcg–300 mcg. Community protocols commonly describe doses in the low hundreds of micrograms. No approved human dose exists.

thelastpeptide.com · Medically reviewed by Charles Maddix, MSN, APRN, PMHNP-BC · Last reviewed 2026-08-02

FDA STATUS

Not FDA-approved for any use. Ipamorelin was placed in Category 2 of FDA's bulk drug substances list, which restricts its use in compounding.

2 mg vial — units to draw (U-100 syringe)

Water added	mg/mL	100 mcg	200 mcg	300 mcg
1 mL	2	5 u	10 u	15 u
2 mL	1	10 u	20 u	30 u
3 mL	0.67	15 u	30 u	45 u

5 mg vial — units to draw (U-100 syringe)

Water added	mg/mL	100 mcg	200 mcg	300 mcg
1 mL	5	2 u	4 u	6 u
2 mL	2.5	4 u	8 u	12 u
3 mL	1.67	6 u	12 u	18 u

10 mg vial — units to draw (U-100 syringe)

Water added	mg/mL	100 mcg	200 mcg	300 mcg
1 mL	10	1 u	2 u	3 u
2 mL	5	2 u	4 u	6 u
3 mL	3.33	3 u	6 u	9 u

"—" means the draw exceeds one syringe at that concentration. Interactive calculator for any combination: thelastpeptide.com/peptides/ipamorelin

Ipamorelin dose figures are commonly discussed reference information with no approved labeling unless stated above. The Last Peptide is an educational reference and sells nothing. Dosing figures shown here are commonly discussed reference information, not prescriptions or medical advice. Many peptides listed are not FDA-approved. Talk to a licensed clinician before using any peptide.