

Insulin Dosing Chart

A life-sustaining hormone for diabetes. A prescription drug with a narrow safety margin — dosing errors can be fatal. Commonly discussed doses: 3.5 mg–3.5 mg. Insulin is dosed in international units (IU), individualized by a clinician. Standard U-100 insulin has 100 units per mL. Figures shown are reference points only — insulin dosing is never generalized and errors can be fatal.

thelastpeptide.com · Medically reviewed by Charles Maddix, MSN, APRN, PMHNP-BC · Last reviewed 2026-08-02

FDA STATUS

Insulin is FDA-approved as a prescription drug for diabetes. Dosing is highly individualized and errors can be fatal; it must be managed by a prescribing clinician.

10 mg vial — units to draw (U-100 syringe)

Water added	mg/mL	3.5 mg
1 mL	10	35 u
2 mL	5	70 u
3 mL	3.33	—

"—" means the draw exceeds one syringe at that concentration. Interactive calculator for any combination: thelastpeptide.com/peptides/insulin

Insulin dose figures are commonly discussed reference information with no approved labeling unless stated above. The Last Peptide is an educational reference and sells nothing. Dosing figures shown here are commonly discussed reference information, not prescriptions or medical advice. Many peptides listed are not FDA-approved. Talk to a licensed clinician before using any peptide.