

HCG Dosing Chart

A hormone used medically for fertility and, in men, to stimulate testosterone production. A prescription drug; also misused in sport. Commonly discussed doses: 500 mcg–5 mg. Prescription dosing is individualized and usually expressed in international units (IU), not micrograms. Figures shown are reference points. Follow the prescribing clinician's labeling.

thelastpeptide.com · Medically reviewed by Charles Maddix, MSN, APRN, PMHNP-BC · Last reviewed 2026-08-02

FDA STATUS

HCG is FDA-approved as a prescription drug for specific indications including certain fertility treatments and hypogonadism-related uses. It is not approved for weight loss, and its sale for that purpose is illegal.

5 mg vial — units to draw (U-100 syringe)

Water added	mg/mL	500 mcg	1.5 mg	5 mg
1 mL	5	10 u	30 u	100 u
2 mL	2.5	20 u	60 u	—
3 mL	1.67	30 u	90 u	—

10 mg vial — units to draw (U-100 syringe)

Water added	mg/mL	500 mcg	1.5 mg	5 mg
1 mL	10	5 u	15 u	50 u
2 mL	5	10 u	30 u	100 u
3 mL	3.33	15 u	45 u	—

"—" means the draw exceeds one syringe at that concentration. Interactive calculator for any combination: thelastpeptide.com/peptides/hcg

HCG dose figures are commonly discussed reference information with no approved labeling unless stated above. The Last Peptide is an educational reference and sells nothing. Dosing figures shown here are commonly discussed reference information, not prescriptions or medical advice. Many peptides listed are not FDA-approved. Talk to a licensed clinician before using any peptide.