GHRP-2 Dosing Chart

A ghrelin-mimetic growth hormone secretagogue, one of the earlier and less selective of its class. Not approved; prohibited in sport. Commonly discussed doses: 100 mcg–300 mcg. Community protocols describe doses in the low hundreds of micrograms. Figures shown are reference points. There is no established or approved dose.

thelastpeptide.com · Medically reviewed by Charles Maddix, MSN, APRN, PMHNP-BC · Last reviewed 2026-08-02

FDA STATUS

Not FDA-approved for any use. GHRP-2 (pralmorelin) is a research peptide and is prohibited in sport by WADA.

5 mg vial — units to draw (U-100 syringe)

Water added	mg/mL	100 mcg	200 mcg	300 mcg
1 mL	5	2 u	4 u	6 u
2 mL	2.5	4 u	8 u	12 u
3 mL	1.67	6 u	12 u	18 u

10 mg vial — units to draw (U-100 syringe)

Water added	mg/mL	100 mcg	200 mcg	300 mcg
1 mL	10	1 u	2 u	3 u
2 mL	5	2 u	4 u	6 u
3 mL	3.33	3 u	6 u	9 u

"—" means the draw exceeds one syringe at that concentration. Interactive calculator for any combination: thelastpeptide.com/peptides/ghrp-2

GHRP-2 dose figures are commonly discussed reference information with no approved labeling unless stated above. The Last Peptide is an educational reference and sells nothing. Dosing figures shown here are commonly discussed reference information, not prescriptions or medical advice. Many peptides listed are not FDA-approved. Talk to a licensed clinician before using any peptide.