

GDF-8 Dosing Chart

The scientific name for myostatin — the body's natural brake on muscle growth. Note: myostatin inhibitors are what's studied, not myostatin itself. Commonly discussed doses: 100 mcg–1 mg. There is no dosing for GDF-8 itself — it is the target that inhibitors act against, not a therapeutic. Figures shown are reference points only. Therapeutic interest is in myostatin inhibitors.

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FDA STATUS

Not FDA-approved for any use. GDF-8 is myostatin itself, which limits muscle growth; therapeutic interest is in blocking it, not administering it. There is no approved product.

1 mg vial — units to draw (U-100 syringe)

Water added	mg/mL	100 mcg	500 mcg	1 mg
1 mL	1	10 u	50 u	100 u
2 mL	0.5	20 u	100 u	—
3 mL	0.33	30 u	—	—

"—" means the draw exceeds one syringe at that concentration. Interactive calculator for any combination: thelastpeptide.com/peptides/gdf-8

GDF-8 dose figures are commonly discussed reference information with no approved labeling unless stated above. The Last Peptide is an educational reference and sells nothing. Dosing figures shown here are commonly discussed reference information, not prescriptions or medical advice. Many peptides listed are not FDA-approved. Talk to a licensed clinician before using any peptide.