

Bacteriostatic Water Dosing Chart

Sterile water with 0.9% benzyl alcohol, used to dissolve and store injectable medications. The standard reconstitution liquid. Commonly discussed doses: 1000 mg–1000 mg. This is a solvent, not an active ingredient — it has no dose. It is the liquid used to reconstitute peptides. Figures shown reflect that it is a reconstitution liquid, not a dosed compound.

thelastpeptide.com · Medically reviewed by Charles Maddix, MSN, APRN, PMHNP-BC · Last reviewed 2026-08-02

FDA STATUS

Bacteriostatic water for injection is an FDA-regulated sterile diluent. It is not a drug itself — it is used to dissolve and store other injectable medications.

30 mg vial — units to draw (U-100 syringe)

Water added	mg/mL	1000 mg
1 mL	30	—
2 mL	15	—
3 mL	10	—

"—" means the draw exceeds one syringe at that concentration. Interactive calculator for any combination: thelastpeptide.com/peptides/bac-water

Bacteriostatic Water dose figures are commonly discussed reference information with no approved labeling unless stated above. The Last Peptide is an educational reference and sells nothing. Dosing figures shown here are commonly discussed reference information, not prescriptions or medical advice. Many peptides listed are not FDA-approved. Talk to a licensed clinician before using any peptide.