

5-Amino-1MQ Dosing Chart

A small-molecule NNMT inhibitor studied for effects on fat cell metabolism. Not a peptide, and not an approved drug. Commonly discussed doses: 50 mg–150 mg. Reported amounts in research and community use are in the tens of milligrams, taken orally. Figures are shown in micrograms for calculator consistency — 100,000 mcg is 100 mg. There is no established human dose.

thelastpeptide.com · Medically reviewed by Charles Maddix, MSN, APRN, PMHNP-BC · Last reviewed 2026-08-02

FDA STATUS

Not FDA-approved for any use. 5-Amino-1MQ is a research compound and is not reviewed by FDA for safety, effectiveness, or quality.

10 mg vial — units to draw (U-100 syringe)

Water added	mg/mL	50 mg	100 mg	150 mg
1 mL	10	—	—	—
2 mL	5	—	—	—
3 mL	3.33	—	—	—

"—" means the draw exceeds one syringe at that concentration. Interactive calculator for any combination: thelastpeptide.com/peptides/5-amino-1mq

5-Amino-1MQ dose figures are commonly discussed reference information with no approved labeling unless stated above. The Last Peptide is an educational reference and sells nothing. Dosing figures shown here are commonly discussed reference information, not prescriptions or medical advice. Many peptides listed are not FDA-approved. Talk to a licensed clinician before using any peptide.